

LIABILITY RELEASE

Valid for registration for the "CIVETTA A TOLECH" Event

By registering for the aforementioned event,
in full possession of my mental faculties

I CLAIM

that I am aware of the difficulties of the route, trails, and tracks, as well as the risks to my personal safety associated with mountain competition.

By accepting this document,
I DECLARE

1. I will respect all instructions issued by the organizers, even at the last minute;
2. I am fully aware of the length and specificity of the competition and am perfectly prepared to face it, both physically and psychologically;
3. to have acquired, before the competition, a real capacity for personal autonomy in the mountains to best manage the problems related to this type of competition, and in particular:
 - 3.a. to be able to deal alone and without assistance with weather conditions that could become difficult due to the altitude (night, wind, cold, fog, rain, snow, or other adverse weather conditions);
 - 3.b. to be able to manage, even when alone, physical or psychological problems that may arise due to extreme fatigue, including, for example, gastrointestinal problems, muscle or joint pain, minor injuries, etc.;
 - 3.c. to be aware that the role of the organization and any third parties it appoints is not to help a runner manage these problems and that, in mountain running, safety depends on the runner's ability to adapt to encountered and/or foreseeable problems;
 - 3.d. I am aware that during the competition, risks of any kind may arise for my safety and/or my personal belongings, and that such risks may not be disclosed to me in advance by the organization and/or its members and/or third parties designated by it for this purpose. Even if such risks are disclosed to me or I am provided with safety equipment, my safety and security may not be guaranteed;
4. I undertake to run, as an athlete, on the specific route indicated to me by the organization and only on that route;
5. I release the "Atletica Zoldo" organization, the race director, and the course manager from any civil or criminal liability regarding any and all damage and/or accident and/or illness and/or death and/or loss that may occur to me and/or the personal effects I carry with me before, during, and after the competition in any way, even after having carefully followed the organization's instructions and directives;
6. I hereby authorize the designated medical personnel to provide me with the necessary first aid if, during my participation in the competition, I suffer an injury of any kind and at that time I am not conscious and/or fully mental;
7. I undertake not to use alcohol or performance-enhancing drugs and/or narcotics before and/or during my participation in the competition, being aware that the organization may take action against me if I cause damage to its image due to the use of such substances and/or failure to respect the environment during the competition;
8. I am aware that the organization may employ personnel, whether law enforcement or not, to carry out checks along the competition route and that I will defer to their decisions in the event of any complaints regarding violations of the Regulations and the commitments undertaken with this declaration, or in the event of suspensions or interruptions of the competition due to force majeure.

I further declare that I assume full and exclusive civil and criminal liability, releasing the organization and any third parties designated by it (including their respective administrators and members, collaborators, consultants, suppliers, and volunteers) from any and all liability for any damage, loss, or injury, including fatal, that I and/or my personal effects may suffer during my participation in the race, regardless of the cause, even in the event of negligent conduct by the aforementioned released parties, subject to the limitations of the law. I also assume full and exclusive civil and criminal liability for any and all damage, including fatal, that I may cause to third parties and/or to property owned by third parties.

DECLARATION OF HONOR

I declare on my honor:

- that I do not use narcotics and/or performance-enhancing drugs;

- to maintain commendable race conduct while respecting the competitors, the environment, and all people, property, and animals I will encounter along the route and off it;
- to be aware and informed of any medical contraindications that may apply to me and to undertake to promptly inform the organization if, prior to my participation in the competition, I become aware of any pathologies and medical conditions that may prevent and/or make my participation difficult and/or dangerous;
- Consequently, I release the organization from any civil or criminal liability for any medical problems that may occur during the competition;
- I assume all civil and criminal liability arising from any falsehoods and/or incompleteness of the information I have signed and/or declared to the organization and/or third parties designated by it regarding my participation in the competition.

Signing up to the race implies acceptance of this release in its entirety and without reservation.